

AFO ANKLE GAUNTLET

The ISO Preferred AFO Ankle Gauntlet is an ankle orthosis which gives stability and protection for the ankle during recovery following an injury, or as preventative use for acute and chronic conditions. The low profile, lace-up design uses Figure-of-eight straps which replicate the effect of a professional taping procedure. The taping outcome keeps the ankle in a protected position and provides inversion/eversion support. A wide elastic band at the top of the brace with advanced gripping material provides compression and additional stability.



ISO Preferred AFO Ankle Gauntlet (AN36x) is intended for Acute and chronic ankle sprains, Chronic ankle instability, Osteoarthritis, Tendonitis and Preventative use.

APPLICATION:

1. Disengage all fastener straps and loosen all laces.
2. While seated, place the injured foot/ankle into the brace slowly in the same manner you would put on a shoe. Position your heel so that it is resting comfortably against the back of the brace.
3. Fasten the laces ensuring the brace fits snugly. **DO NOT OVERTIGHTEN.**
4. Wrap the right Figure-of-Eight strap over the top of the foot, under the arch and fasten the strap to the advanced gripping material on the side of the ankle.
5. Duplicate Step 4 with the left Figure-of-Eight strap. Make sure the ankle brace feels securely in place and little movement can be achieved.
6. Wrap the top left fastener strap, going under the loop on the Figure-of-Eight strap and around the top of the ankle.
7. Wrap the top right fastener strap going under the loop on the Figure-of-Eight strap and secure to the top left fastener strap. Make sure the brace feels secure and is centered to both sides of your ankle. **DO NOT OVERTIGHTEN.**

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2



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4



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6



7



SIZES: (Ankle Circumference*)

- SMALL (11"-12")
- MEDIUM (12"-13")
- LARGE (13"-14")
- X-LARGE (14"-15")



INTRODUCTION

Your **ISO Preferred AFO Ankle Gauntlet (AN36x)** is designed to provide your body with the support and stability that it needs to successfully manage or eliminate your mobility concerns. It is critical that you follow your orthopedic professional's directions closely to ensure that the apparatus is worn properly and in the manner that will be most beneficial in addressing your issues. For correct application, please read the enclosed instructions and watch the on-line instructional video (if available) at www.ISOpreferred.com so that this device can provide you with superior long-term usability and care.

USAGE RECOMMENDATIONS

It is vital that you read the included instructions and when applicable watch the instructional video for the **ISO Preferred AFO Ankle Gauntlet (AN36x)**. The brace is intended for application by qualified professionals only. It is not recommended for patients to fit or apply or adjust their new brace without an orthopedic professional's expertise, unless otherwise instructed. Further questions regarding adjustments or changes, frequency of use, and/or duration of use should be presented to your orthopedic professional, as they are familiar with the specific needs and conditions, for which this device was prescribed.

CARE AND CLEANING INSTRUCTIONS

Please do not place your brace in the washing machine or dryer at any time. When preparing to clean the **ISO Preferred AFO Ankle Gauntlet (AN36x)** you will want to separate the parts where applicable and care for them individually.

- Do not dry clean, iron, bleach, or use an abrasive cleaning instrument on any part of the brace. Failure to follow these instructions may damage your brace and void the manufacturer's warranty and it may no longer work properly.
- Hand wash in cold water with a mild detergent. (Laces may be machine washed, if desired.)
- After washing brace, Lay flat to air dry. Allow all parts to air dry prior to reassembling or using the device.

CAUTION

The **ISO Preferred AFO Ankle Gauntlet (AN36x)** is for single patient use only. While every effort has been made to obtain maximum strength, function and durability, there is no guarantee that injury will be prevented through the use of this device, especially if the instructions are not followed correctly. **DO NOT OVERTIGHTEN.**