



DR MEDICAL
DRMS

THE SOLACE LSO

The SOLACE LSO provides stability and support for sprains and strains of the lower spine, spinal stenosis, displacement of intervertebral discs, and chronic low back pain. Effective in providing compression and support for the lower lumbar area.

PREPARATION

1. The SOLACE LSO is designed to fit sizes SMALL to 2XL with minimal adjustment. To adjust sizing, simply remove each side of the belt from its Velcro tab on the back panel, cut or fold each side of the belt to the desired size, and re-attach to the Velcro tab on the back panel.(Fig.1)

APPLICATION

1. Place the brace so that the back panel is centered on your spine just above the waist .(Fig. 2)

2. While keeping the back panel centered, wrap the left side panel around your abdomen.(Fig. 3)

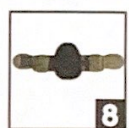
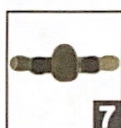
3. With the left panel held tight to your abdomen, wrap the right side panel around and secure it to the left side panel. Note: Make sure the back panel remains centered on the spine and adjust as needed.(Fig.4)

4. Grab the compression straps using the thumb loops and simultaneously pull the compression straps away from your body until the desired level of compression is achieved. (Fig. 5)

5. While keeping the compression straps tight, bring each strap around and secure to the front of the brace. (Fig. 6)

6. Extra side panels have been provided for added support and compression. Once desired size has been determined, remove the brace and lay it on a flat surface with the inside of the brace facing upwards. Apply the rigid side panels to both sides of the belt portion of the brace. (Fig. 7)

7. This Back panel is easily removed via the Velcro provided, and can be added or taken away to customize each individual patient's level of support.(Fig. 8)



CLEANING INSTRUCTIONS

A mesh wash bag is provided for cleaning your brace. Fold the brace and insert into mesh wash bag, pull wash bag cord tight to close. Machine wash cold/warm water with mild soap. Air or line dry ONLY. DO NOT DRY IN DRYER OR BLEACH.

NOTICE: While wearing the Solace LSO, there is no guarantee that injury will be prevented through the use of this device.

CAUTION

The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

Item#:BB-157

Size	Waist (In Inches)
Small	25" - 32"
Medium	32" - 38"
Large	38" - 44"
X Large	44" - 50"
XX Large	50" - 56"

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Lumbar Belt Extension: Universal

The ISO Preferred Lumbar Belt Extension: Universal provides an extension to the lumbar belt for waist sizes over 56 inches. Lumbar braces require (2) extensions that are placed on each side of the back plate to provide up to 18 additional inches on the waist.



ISO Preferred Lumbar Belt Extension: Universal (BA202) Applies to two different types of Lumbar Back Braces using a plastic guide or clam shell mechanism. Use the guide below to determine how to apply the extension.

PLASTIC GUIDE MODELS - Belt attaches to back through plastic loop guide

ISO PREFERRED ISO-BA201
ISO PREFERRED ISO-BA203

BEFORE APPLICATION: You will be applying 2 Belt Extensions, one on each side of the back brace. Detach and extend one side of the lumbar back belt at a time. **WHEN COMPLETE, MAKE SURE THE FRONT SIDE WITH THE HOOK AND LOOP FASTENING IS ON THE RIGHT SIDE OF THE PATIENT'S BODY WHEN WORN.**

1. **APPLY THE EXTENSION:** After removing one side of the belt, slide the Belt Extension through the plastic guide, make sure the Extension (when folded) is even on both sides. Now open the Extension and lay flat, with the plastic loop at the midpoint.
2. Extend one side at a time, adding the original belt to each Extension so that together the number of additional inches needed is divided equally between the left and right side.
 - a. Now with the extension open as shown in Fig.1, attach the original belt to the right side of the open extension (Fig.2a), positioning and securing it (leftward or rightward) to get the proper number of additional inches needed on that side.
 - b. Once secured, fold over the left side of the Extension (that was open) onto the original belt (Fig.2b), securing the Extension to both sides of the original belt. Apply Extension to the other side of the brace making sure both sides are even. Apply lumbar brace as instructed on product instructions.

1



2a



2b



CLAM SHELL MODELS - Belt attaches to back with clamshell gripping material

ISO PREFERRED
ISO-BA204
ISO-BA205
ISO-BA206
ISO-BA210
ISO-BA220

DR. MEDICAL
BB-157
BB-159
BB-160

BEFORE APPLICATION: You will be applying 2 Belt Extensions, one on each side of the back brace. Detach and extend one side of the lumbar back belt at a time. **WHEN COMPLETE, MAKE SURE THE FRONT SIDE WITH THE HOOK AND LOOP FASTENING IS ON THE RIGHT SIDE OF THE PATIENT'S BODY WHEN WORN.**

1. **APPLY THE EXTENSION:** On one side, open up the clam shell fastener, detach the lumbar belt and apply Extension Belt, facing down.
2. Attach the original lumbar belt to the Belt Extension by positioning leftward or rightward to add the desired number of inches for this side. Secure original belt to the Extension. Apply Belt Extension to the other side of the brace making sure both sides are even. Apply brace as instructed on product instructions.

1



2





INTRODUCTION

Your **ISO Preferred Lumbar Belt Extension: Universal (BA202)** is designed to provide your body with the support and stability that it needs to successfully manage or eliminate your mobility or pain concerns. It is critical that you follow your orthopedic professional's directions closely to ensure that the apparatus is worn properly and in the manner that will be most beneficial in addressing your issues. For correct application, please read the enclosed instructions and watch the on-line instructional video (if available) at www.ISOpreferred.com so that this device can provide you with superior long-term usability and care.

USAGE RECOMMENDATIONS

It is vital that you read the included instructions and when applicable watch the instructional video for the **ISO Preferred Lumbar Belt Extension: Universal (BA202)**. The brace is intended for application by qualified professionals only. It is not recommended for patients to fit or apply or adjust their new brace without an orthopedic professional's expertise, unless otherwise instructed. Further questions regarding to adjustments or changes, frequency of use, and/or duration of use should be presented to your orthopedic professional, as they are familiar with the specific needs and conditions, for which this device was prescribed.

CARE AND CLEANING INSTRUCTIONS

Please do not place your brace in the washing machine or dryer at any time. When preparing to clean your **ISO Preferred Lumbar Belt Extension: Universal (BA202)** you will want to separate the parts where applicable and care for them individually.

- Do not dry clean, iron, bleach, or use an abrasive cleaning instrument on any part of the brace. Failure to follow these instructions may damage your brace and void the manufacturer's warranty and it may no longer work properly.
- Hand wash each section in cold water with a mild detergent. Lay flat to air dry. Allow all parts to air dry prior to reassembling the device.

CAUTION

Th **ISO Preferred Lumbar Belt Extension: Universal (BA202)** is for single patient use only. While every effort has been made to obtain maximum strength, function and durability, there is no guarantee that injury will be prevented through the use of this device, especially if the instructions are not followed correctly. **DO NOT OVERTIGHTEN.**