

Comfortland DL-33 Back Brace Instructions

Before using this device please read the following instructions completely and carefully, and also carefully follow any instruction sgiven by your physiscian.
Correct use is vital to the proper functioning of this device.

Indications:

- Acute/Chronic strains and sprains
- Spinal stenosis
- Bulging/herniated discs
- Post-op and pre-op

Instructions:

1. Open packaging and undo front of waistband. (Fig. A)
2. The waist belt is designed to fit sizes small to 4XL. To adjust simply remove each side of belt from its Velcro tab on back panel.(Fig. B).
3. Cut or fold to desired size, and reattach to Velcro tab on back panel. (Fig. C)
4. After adjusting for waist size, center posterior panel of the brace on spine just above waist. Comfortland logo should be on back of brace and right side up. (Fig. D)
5. Grab both sides of waist belt, Place left side over waist. (Fig. E)
6. Wrap right side of waist belt around and attach with Velcro over left side of waist belt. (Fig. F)
7. Grab the compression straps using the thumb loops and pull straps out and away from body until desired level of compression is achieved, (Fig. G)
8. While keeping the compression straps tight bring each strap around and secure to front of brace with Velcro as shown. (Fig H.)

CLEANING INSTRUCTIONS

Surfaces and parts may be cleaned by damp cloth using mild soap and water. Air dry only.
Do not washine wash or dry, bleach, iron or dry clean.

