

# Comfortland

## Universal Hinged Knee Brace

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

### INDICATIONS

The Comfortland universal hinged knee brace provides stability and support for chronic knee pains and instability. Effective in treating mild injuries of the collateral ligaments, menisci, and patellar retinaculum.

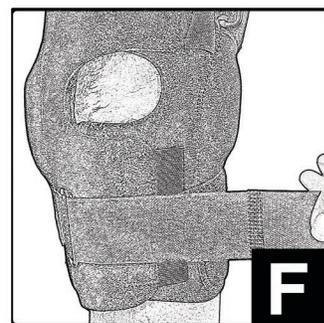
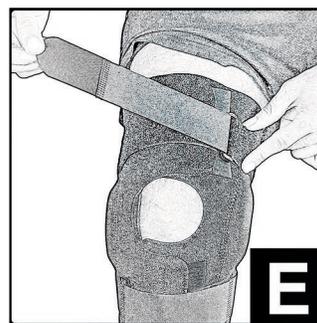
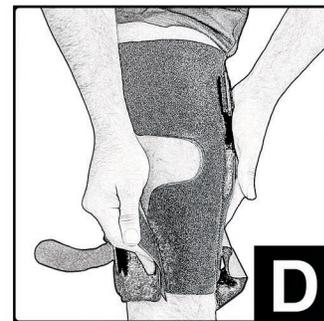
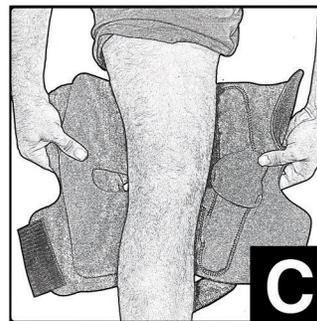
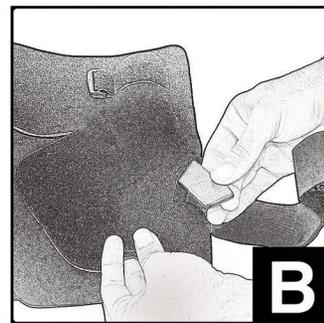
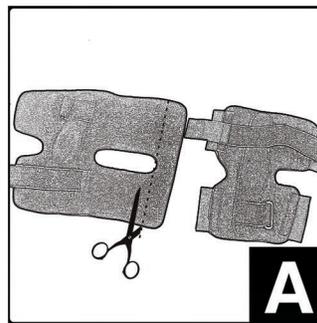
### PREPARATION

1. Open the front closure straps and lay the brace down on a flat surface with the outside facing up. Using the Velcro tabs on the back of the brace, separate the brace into 2 pieces. Trim the longer of the 2 pieces as little or as much needed for a snug fit, and re-attach (Fig. A).

2. Remove both hinges from their respective sheaths, via the opening located just below the closure straps (Fig. B). Set the range of motion in each hinge to the desired level of flexion/extension, and re-insert hinges.

### APPLICATION

1. Place the brace around the knee so that the hinges line up with the center of the knee cap on both sides of the leg, and secure the top closure tab (Fig. C).
2. Secure the bottom closure using the Velcro tab provided (Fig. D). Make sure the hinges still align with the knee, and the brace fits snug so that little movement is experienced.
3. Feed the top closure strap through the corresponding D-Ring and tighten to secure a snug fit (Fig. E).
4. Feed the bottom closure strap through the corresponding D-ring and secure. Tighten and re-adjust as needed (Fig. F).



### CLEANING INSTRUCTIONS

Remove hinges from brace and hand wash in cold water with mild detergent. Allow all parts to air dry before re-assembly. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.