

31-501

## Comfortland Premium Wrist/Hand Splint Instructions

Before using this device please read the following instructions completely and carefully, and also carefully follow any instruction sgiven by your physiscian.  
Correct use is vital to the proper functioning of this device.

### Indications:

- Carpal tunnel
- Compound fracture of radius and/or ulna
- Partial rupture of tendon in wrist
- Osteoarthritis/Arthritis
- Unspecified pain in wrist, hand, or forearm

### Instructions:

1. Remove item from packaging. Loosen all straps, and place or hold support with sleeve and thumb hole at top. Picture A
2. Place hand through sleeve, making sure thumb goes properly into thumb hole in sleeve. Picture B
3. Squeeze or loosen malleable part of brace located on the underside of brace as needed to form tight but comfortable fit. Picture C
4. Tighten straps on support to desired comfort, starting at the base of the support. Picture D
5. Continue by tightening and adjusting middle strap and then wrist strap to desired level. Picture E
6. Readjust straps and malleable portions as needed so support is best fit to patient. Picture F
7. If needed range of motion(ROM) may be set for wrist and hand by loosening and tightening screw located on underside of support. Picture G

### CLEANING INSTRUCTIONS

Hand wash in cold water with mild detergent.  
Air dry only. Do not dry clean, iron, or bleach,  
as it could cause damage and void the  
manufacturer's warranty.

